



"7 Churches, 1 MISSION, Stronger Together"

All Saints Parish, Cumberland County N.S.

In the Archdiocese of Halifax Yarmouth

APRIL 26, 2020

3rd Sunday of Easter

Our Parish Family includes the Children of God from:

St. John the Baptist, Springhill

St. Paul the Apostle, River Hebert

St. Thomas Aquinas, Joggins

St. Thomas More, Pugwash

St. Cornelius, Streets Ridge

Holy Family Church, Amherst

St. Brigid's, Parrsboro

All Saints Parish Central Office (902) 667- 5244

Office Hours Mon.—Fri. 9 - 12 p.m Noon

Father Craig Christenson Parish Pastor
Deacon Howard Gotell (Amherst)

Glenna O'Quinn Pastoral Administrator
Deacon Howie Goldstein (Parrsboro)

Evelyn Currie Office/ Finance Mgr
Deacon Mike Lynch (Pugwash)

Holy Family Office—Mary Comeau Office Manager

Laurie Perry Holy Family Caretaker

Holy Family Office (902)-667-2523

Weekday Prayers - Liturgy Options

- Each day gather at home for 7:00 p.m. with a candle in a quiet area and pray.
- Archbishop Anthony Mancini celebrates Mass from the chapel at the Pastoral Diocesan Office at 8:00 a.m. Monday - Friday and 11:00 a.m. on Sunday morning. It is being live streamed at <https://www.halifaxarmouth.org/>
- At your "normal" time to attend Mass, you may consider a service at home. Pause and reflect on the readings of the day, say the Rosary, a Novena and end with the Parish Prayer.



Social Media

- **Weekly Newsletter/Email** - If you wish to have information included in our newsletter, please contact Mary at 902-667-2523.

- Media Tools we are using:



Facebook - <https://www.facebook.com/HolyFamilyAmherst/>



Website - <http://www.holyfamilyamherst.ca/>



ZOOM - <https://zoom.us/>



Email - allsaintsparish@holyfamilyamherst.ca or office@holyfamilyamherst.ca



Regular mail - All Saints Parish, P.O. Box 1075, 63 Church Street, Amherst, Nova Scotia , B4H 4E2

Financial

- Parishioners can set up a weekly **e-transfer** to our office for their contributions. The email to use is either allsaintsparish@holyfamilyamherst.ca or email Mary at office@holyfamilyamherst.ca . Please ensure your envelope number is included in the message portion of the transfer.
- **PAR** - Please contact Evelyn at the Central Office allsaintsparish@holyfamilyamherst.ca or email Mary at office@holyfamilyamherst.ca for additional information.
- **Visa/Mastercard Option** - Please contact Evelyn at allsaintsparish@holyfamilyamherst.ca or Mary at office@holyfamilyamherst.ca for additional information.
- **Envelopes** can be mailed to All Saints Parish, P.O. Box 1075, 63 Church Street, Amherst, Nova Scotia , B4H 4E2.
- **Canada Helps** - Via the Archdiocese website and is set up to allow users to choose All Saints Parish as an option. The Parish will be credited with the donation.

Updates and Prayers

Hail Mary's - 3,198,896. Please continue to email or call with your prayer count by Wednesday of each week.

Prayers for the sick - Phil LeBlanc, Jim Nelson, Shae Fage, Joan Farrow, Aileen Brown, Shawna Black, Marcel-la Landry and Roy McInnis.

Prayers for the dead

- Neil Doucette Sr. - Holy Family Community
- Tom Bagley - St Cornelius Community
- All those who have died due to complications from Covid - 19
- All those who tragically lost their lives in Nova Scotia this past weekend.

All Saints Parish—7 Churches, 1 MISSION, Stronger Together

Zoom Chat

Just us on Zoom with *Coffee & Tea with Father Craig and G!!* every two weeks on Thursday's at 7:00 p.m.

THIS WEEK: April 30, 2020 at 7:00 p.m.

We have invited Serena Lewis, Bereavement, grief and wellness coordinator for the Northern Region of the Cumberland Health Authority to join us to discuss "**Grief and Grieving Through These Difficult Times**". We hope that she will be able to be with us in our sharing and learning ways to grieve during this time.

Next Call Dates:

May 14, 2020 at 7:00 p.m.

May 28, 2020 at 7:00 p.m.

June 11, 2020 at 7:00 p.m.

Go to www.ZOOM.us

- Go to the link for "Join A Meeting" ,
- Enter code —390 834 096
- Password — together
- Activate your video and your audio to join in and let us know you are there.

Assisting Others/Outreach

- **Society of St. Vincent de Paul** - We know that many in our community are experiencing increased hardship during this time of economic uncertainty. The Society of St. Vincent de Paul are still answering calls and are reaching out when and where they are able to. If you would like to make a donation to the society, you can either call ahead to the Holy Family office and make arrangements with Mary to drop it off or mail your donation to the office at Box 1075, 63 Church St. Amherst, NS B4H 4E2.
- **Food Bank** - The demand at food banks across the Province has also multiplied greatly over the last number of weeks. We have been advised that Emmerson Packaging has generously committed to match all donations made to the Amherst Food Bank until May 9, 2020. Please visit the Food Bank Facebook page for more information on how you can assist by donating <https://www.facebook.com/Amherst-Food-Bank-384309795416303/> or simply mail a cheque to Amherst Food Assistance Network, 5 King St., Amherst, N.S. B4H 1W7

Fundraising— May 1st Starts!!

All Saints Parish is planning a fundraiser to sell tickets on a **Mother's Day/Father's Day Combo Basket.** As much as possible, items will be purchased from local retailers. Should you wish to make a donation for the basket please contact Mary at 902-667-2523 by April 30, 2020. We plan to begin selling tickets on May 1, 2020.

Vacation Bible Camp Cumberland County 2020

It is with a great deal of sadness that the Vacation Bible Camp Team for All Saints Parish have agreed to postpone our Rocky Railway Camp until the summer of 2021. At that time we will be celebrating the 10th year of the VBCamp being held in Cumberland County. There is however, some interest in hosting a weekend camp in November of 2020. Watch for more news. Please pray for all our Campers, Junior and Senior Leaders, Volunteers, Workshop Teams and families that will not be with us this year. God willing we will be with them in 2021 for the 10th Anniversary!



Mary, Our Lady of Good Counsel, is the patroness of the Catholic Women's League of Canada. Her feast day is celebrated on April 26th. We ask her to pray for us in our efforts for God and Canada.

As well, on this day (and during the remainder of 2020), the CWL League is celebrating its 100th Anniversary.

Family and Friends

All of us are still in shock from news of the horrendous loss of life in a number of communities within and neighboring our All Saints Parish. We are in unity with the country in our prayer and love for those impacted by this senseless loss. We want to especially send our prayers and love to the family of Tom Bagley, a member of the St. Cornelius community who was a victim of this crime. We are united in our support and love for Patsy and their daughter Charlene and ask that you continue to pray for them, and all those who have lost loved ones.

Grief and grieving is very difficult in times like this, as we can no longer rely on our sense of touch. Touch that comes from the comfort of a hug, seeing a face of compassion or just the quiet presence of someone by our side holding our hand. Some of us are grieving the changes that COVID - 19 has taken from our lives, families, loved ones that we can't be with in person.

On April 30, 2020 at 7:00 p.m. on ZOOM chat we will talk about grief, sharing experiences, ideas, tools and hopefully providing support to all. Please join us. (XO) glenna





PRAYER LINE—902-664-9396



Let's Pray for You or Someone you Love.

Do YOU Know Who To Call?

Below is a list of phone resources available **TOLL FREE** for **ALL** people living in Nova Scotia

911

In an emergency, *always* dial 911

Know When to Call 911

A 911 emergency happens when someone's health, safety or property is threatened and help is needed right away. If you aren't sure if your situation is a 911 emergency, it is best to call and let the experts decide whether help needs to be sent or not.

911 can save your life!!
For more information on
Emergency Management Office:
Nova Scotia
Toll-free (within North America)
1-866-424-5620

If an ambulance is required to transport an individual from a place of residence or an accident scene to hospital or CEC, a service fee of \$142.30 is charged. This fee is waived for persons receiving social assistance and is covered by most insurance plans. The government covers all costs associated with the care given by paramedics during an ambulance transport between hospitals.

With 811, Nova Scotians have trusted health information at their fingertips.

811

Peace of mind 24/7

Just three numbers - 8-1-1, and our Registered Nurses will give you the advice and information you need, such as:

- ⇒ Access to non-emergency health information and services
- ⇒ Advice, information and reassurance concerning all kinds of general health issues including the best course of action when you or a member of your family is sick.
- ⇒ Information about health issues and services available in your community.

Advice and information may include a recommendation to see your doctor or visit your local emergency department.

Dial **711** to access this service if you are Hearing Impaired.

<http://811.novascotia.ca/>



Find the **right** community and social services

Search for information on:

<http://ns.211.ca/>

- ⇒ Financial and social assistance
- ⇒ Housing and utility help
- ⇒ Food assistance and meal programs
- ⇒ Seniors' services and home care
- ⇒ Parenting and family programs
- ⇒ Government program assistance
- ⇒ Disability support services
- ⇒ Volunteer organizations
- ⇒ Newcomer services
- ⇒ Mental health support
- ⇒ and much more.....

Provides crisis support for children, youth and adults experiencing a mental health crisis.

It offers telephone crisis service 24/7 anywhere within Nova Scotia and a mobile crisis response from 1 p.m. to 1 a.m. daily within the Halifax Regional Municipality (HRM).

The Team includes mental health professionals and police officers that are specially trained to work as part of the crisis service.

Mental Health Mobile Crisis Team 1-888-429-8167



MENTAL HEALTH RESOURCES

Where to Get Support in Nova Scotia during COVID-19



1 MENTAL HEALTH MOBILE CRISIS TEAM
902-429-8167 or 1-888-429-8167 (Toll Free)

The Mental Health Mobile Crisis Team provides crisis support for children, youth and adults experiencing a mental health crisis by phone 24/7 anywhere in Nova Scotia and a Mobile Response from 1 pm to 1am to most Halifax area communities.



2 KIDS HELP PHONE
1-800-668-6868 or text CONNECT to 686868

Kids Help Phone is always there for you. No matter what you want to talk about. No judgment, totally private. 24/7. Live Chat is currently open daily from 1 am to 8 am to provide more timely access to support through their other services.



3 MENTAL HEALTH AND ADDICTIONS INTAKE SERVICE
1-855-922-1122

If you need help with a mental health and addictions concern, Nova Scotia Mental Health and Addictions team can help. They're available to take your call Monday to Friday, 8:30 am to 4 pm. The line is voicemail-only evenings, weekends and holidays.



4 CMHA NOVA SCOTIA
1-877-466-6606 (Toll Free)

CMHA NS continues to provide non-clinical mental health psycho-social support throughout COVID-19. They are committed to keeping communities and clients safe and their services supportive and welcoming. Visit novascotia.cmha.ca.



5 HEALTHY MINDS PATIENT NAVIGATOR
902-404-3504

Healthy Minds Cooperative is an innovative mental health cooperative providing a variety of peer-based services to people with lived experience of mental health issues and their families. HMC is available 9-5 Monday-Friday by phone and email.



6 STRONGEST FAMILIES I-CAN ANXIETY PROGRAM
1-866-470-7111 (Toll Free)

This program educates and teaches adults 18+ skills to overcome their anxiety, excessive worry, and learn how to cope with major life stressors. Participants are provided with access to a secure website, programming, and weekly phone support. Visit strongestfamilies.com.



7 211 NOVA SCOTIA

211 Nova Scotia is a free helpline that connects you with community groups, social services and government programs in your area 24/7. Support is available in over 150 languages. Call or visit ns.211.ca