

Holy Family Parish

January 29th, 2017 4th Sunday in Ordinary Time

WEEKEND MASS TIMES AT HOLY FAMILY - SATURDAY AT 6PM AND SUNDAY AT 11:15AM

~~Hail Mary Prayers totaling **384,106** since Dec 5th, 2016~~

We Are A Family, All of Us, You & Me!

In our Youth Faith Development Family Sessions, (last Sunday of the Month), we are learning about **The Beatitudes of Jesus; the poor in spirit, the peacemakers, the meek, the pure of heart, those who hunger and thirst, those who mourn, the merciful and those who are persecuted for the sake of righteousness.** In October the group participated in the "Walk against Poverty", (those who hunger and thirst), with the SSVP, CWL, Knights and parishioners. This was a powerful experience for everyone; seeing and hearing about the hungry and poor, right outside our parish doors. The participants raised money and brought food for the Food Bank, to show support and be part of a solution to this need. In November, the group assisted in making Christmas Cards to be shared with the Tuesday Luncheon diners (some of the meek and the poor in spirit) and also given to families in our parish, who experienced the death of a loved one this past year (those who mourn). Some of these cards were delivered with handmade cookies! This helped the families become aware of how a small act of kindness (a handmade card), could have a huge impact for someone living alone, or experiencing grief (joy and love). The youth also started their "Keeping Christ in Christmas" contest, entering 12 posters. This experience encouraged the youth and families to remember that Christmas started with Christ, and therefore our celebrations should first be about the **Birth of Jesus**, and the true spirit of Christmas (the peacemakers). Each Family Session supports our parish community but has also become a favourite for teachers, assistants, parents, grandparents and the youth. This year with Mass time changes, the Family Sessions have been a great deal smaller. Unfortunately, the larger parish is arriving after class, in time for Mass, versus coming and joining us before Mass. I hope we can change this for our Family Sessions on February 26th, March 26th, April 30th and May 31st, with more of the community coming at 10 am to be a part of the Family Session. **WHY?** So that we are more aware of the needs of our larger church family and help to build this relationship as a real family. This session provides fun, sharing and learning about different faith teachings but it also provides a generational bridge from our youngest to our oldest. Other news....I have often said, we are a parish alive and well, and we have many positive things happening here to enjoy as a community. However, I believe, that in the times when we are suffering, in pain or experiencing loss, our "ministry toolbox" is limited in how we as a community, provide to those in need. We have Tuesday Luncheons, Seniors Outreach and the Pastoral Team are visiting at Nursing Homes and Hospitals, however what other things can we provide? What other things are needed from our parishioners? Recently I was invited to join the Archdiocese **Ministry of Care & Compassion**, chaired by Sister Nuala Kenny. If you don't know who this woman is, I encourage you to "google" her and the work she has done in care, (as a Pediatrician/Doctor) and in the many areas she has served others in their life journey; including addressing medically assisted dying and what does that mean to us as Catholics. We are going to be starting a Ministry of Care & Compassion, so make sure you check it out in this bulletin. The more we are aware of the needs of those around us, the more we will be able to serve those in need; this being our baptismal commitment. - Glenna:)

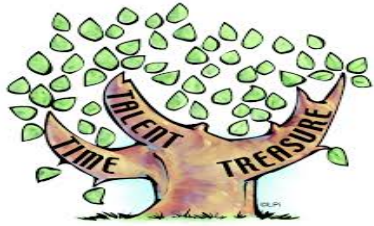
February 5th, 2017 Readings

1st Reading: Isaiah 58:6-10
2nd Reading: 1 Corinthians 2:1-5
Gospel: Matthew 5:13-16

Bulletins to Share

Please take an extra copy of this weeks bulletin for a family member or friend who has not been able to attend Mass.
Care to Share!!

Care to Share



Being Good Stewards of Time, Talent and Treasure



Collection Weekly Update	
Weekend of Jan. 21st & 22nd	
Envelopes	\$2,141.00
Loose	\$155.25
Pre-Authorized	\$1,330.00
Children	\$14.35
Total	\$3,640.60
SV de Paul	\$319.35



Meetings and Happenings—February			
Jan 31	6—7:30	Jr Youth Group	Hall
Feb 1	NO	No CWL Exec Mtg	
Feb 2	7—9pm	Sr Youth Group	Hall
Feb 2	6:30 pm	Prayer Group	Lg Classroom
Feb 3	1:30 pm	Stewardship Mtg	Board Room
Feb 3	7—9 pm	Chase the Ace	Hall
Feb 5	10 am	FDev. Committee	Hall
Feb 5	2—4 pm	LYStrengths #1	Lg Classroom
Feb 5	6pm	M&M Choir Practise	Church
Feb 6	6:30pm	Teachers/Assistants	Lg Classroom
Feb 7	11am	Tuesday Luncheon	Hall
Feb 7	6 pm	Jr Youth Group	Hall
Feb 8	6 pm	CWL 10th Anniversary Mass	
Feb 8	7 pm	CWL Annual Mtg	Hall
Feb 8	NO	NO Sr Youth Group	
Feb 9	1 pm	Liturgy Meeting	Board Room
Feb 9	6:30 pm	Mercy Prayer Group	Lg Classroom
Feb 10	7—9 pm	Chase the Ace	Hall
Feb 11	8—11 am	Knights Breakfast	K. Hall (Robie)
Feb 12	2—4 pm	LYStrengths #2	Lg Classroom

Stewardship Quote: Isaiah urges us in the name of the Lord to feed the hungry, shelter the homeless and clothe the naked. If we do so, he assures us; the Lord will hear and answer our cries for help in time of need.



“Let’s Talk” Together—Mental Illness

On *Wed, January 25th* we hosted our first “Let’s Talk” Together (in spite of the ice), supporting the Bell Aliant “Let’s Talk” initiative for awareness to the challenges and reality of Mental Illness/Depression. This event was for anyone—those suffering from, affected by or wishing to offer help or support. A coming together to share, listen and pray. Tea, Coffee and support material was available for those looking to learn or gather more understanding.

As a result of the interest and great response from the parish and the community, we will host one on the third (3rd) Wednesday of each month. It is our hope to have some speakers join us, details will follow.

Next Two Dates Are:

February 15, 1—4pm and March 15, 1—4pm



LIVING YOUR STRENGTHS

RESERVE TODAY

February 5, 12 and 19th, 2—4pm, the next 3 part session for “Living Your Strengths” at Holy Family. We have room for 8 individuals for this session and the spots will go quickly! To participate, copies of the Living your Strengths booklet are available at the office.

NAME TAG WEEKENDS:



At Holy Family, (the last weekend of every month), is Name Tag Weekend. This practice started, in response to many parishioners “knowing others to nod at, but not knowing their names” in their church family. Being “called by name” is one of the most personal compliments that you can give to anyone. We all love being acknowledged by name, let’s share that with others and start calling them by name.

In Our Parish Life

Liturgy Committee Workshop

Follow-up Session—February 4th.

New Workshop Date: Saturday, February 4th

10—11am, please contact the office to confirm a spot. Re-commissioning of all ministers has been re-scheduled to:

Feb. 4th at 6pm and Feb. 5th at 11:15 am Masses.



COOKBOOKS FOR SALE—\$15.00

Please contact the office to pre-order your cookbook supporting our Youth . 200 recipes provided by our community. **HUGE thank you to Shauna Graham and Rachelle Dow** for leading this project! Already 47 ordered to date!! Get Yours!!

Society of St. Vincent de Paul's Mission: is

working with poor and disadvantaged people.

Seeking to respond to the call every Christian

receives, to bring the love of Christ to those in need: "I was hungry and you gave me food" (Matthew 25).

For homeowners who qualify, the **HomeWarming** team provides comprehensive energy audit and works with you to determine the energy efficiency upgrades that make sense for your home.

Pick up a form in the gathering area of Holy Family.



Audio-Visual Assistants



We are still in need of 2 or 3 individuals to assist with controlling the slides at the Saturday and Sunday Masses. This doesn't require advanced knowledge of computers and you will receive training for the work that is done with this service. Please consider saying yes, to help out in your parish community.

10th Anniversary—CWL News



On February 8th at 6pm, a Mass will be held at Holy Family, prior to the CWL Annual meeting to celebrate their 10th Anniversary. At times like this we can appreciate the wonderful ministry the CWL have been to our parish and the entire community, and all the amazing things that we have experienced because of this faithful group of servants of the Lord. Please mark your calendar to come and celebrate their Anniversary. God Bless each and everyone of you, from your Holy Family family.

Faith Development Information

Feb 5th— 10 am Committee/Parent Advisors Mtg

Feb 6th— 6:30 pm All Teachers/ Assistants for Mtg

(both meetings in Large Classroom and for LENT Season)

February 26th—10 am Next Family Session in Hall with Parish and Families Invited

Any parishioners who want to come share a cup of tea/ coffee, and share in working on a small fun project together please join us. It helps the youth/families become more aware that they belong to an even larger, church family.

February 26th—11:15 am Family Mass with M&M Youth Choir and Youth Servers

At this Mass our youth serve as Readers, Ushers, Psalmists and Choir. The M&M Youth Choir leads music. We will be introducing our Grade 5 and 6 classes and teachers at this Mass.

Please pray for our **Grade 4 Teachers: Mike and Angie Landry** and the class made up of **Nicholas MacDonald, Alexis Neves, Tristan O'Blenis, Claire Prendergast, Noah Petten and Jeremie Hache**. We thank the "Mary, the Mother of Mercy" Prayer Group for providing Grade 4 their Bibles and supporting the Faith of our Youth!! AMEN!



Knights of Columbus #2916—Service and Ministry

On Jan. 28/29th the Knights will have a Ministry Table in the Gathering Area. Young Men (18 yrs+ older) can be a part of this historic organization serving the needs of the church and community. **WHAT ABOUT YOU?** Find out more about these faithful disciples and their work for the church, and why being a part of this group is an important choice.

The next Knights Breakfast is February 11th 8—11 am, 5 Robie St! - EVERYONE WELCOMED

In Our Parish Life

Thank You for our Blessings Lord!



Chase the Ace News

WHAT AMAZING SOUND NOW!!

That is the response to the new sound boards in the Hall. This has greatly assisted the entertainers at Chase the Ace. Jackpot approximately **\$8500.00**
Next Entertainment:

February 3th— Herald Miller and Eddie Dupuis

February 10th— LP Express

February 17th— RA and Jack

February 24th— Peter Frenette



Campaign for Bell/ Sign Tower

Thank you for our recent donations at Christmas for the Bell Tower Campaign. Why not consider making a donation in honor of a loved one or in memory of a loved one. While the bell is installed, there is more to do! Thank you for your support for this project.

Let's continue to work together to hit our Target and get our outdoor digital sign up to share the GOOD NEWS and all that is happening with our community!

On **January 31st from 6-9pm** Goji Frozen Yogurt is re-hosting a fundraiser for Youth Programs at Holy Family such as Steubenville, Bible Camp, Faith Development and Youth Groups . All sales help us earn a cheque! What not make your dessert that night at GOJI'S and support our YOUTH!! It's a Sweet Deal!!



Holy Family Parish Loonie Draw

- * **January 22nd Loonie Draw #972**
- * **Not played for this week**
- * **\$384.50 prize rolled forward**
- * **Draws will continue as usual each week**
- * Loonie Draw numbers are sold before/after Mass on Saturdays/Sundays.
- * Once you have purchased your number, subsequent weekly plays can be made at the office.
- * Play options include pay each week, or prepay to the end of license period, or for any period of time. Numbers will be removed, if not played for 6 months..
- * House rules are available on request.



Care & Compassion

Ministry of

Care & Compassion

In the month of February, the Stewardship Committee will be have a table in the gathering area to talk about a new Ministry here at Holy Family. The **Ministry of Care & Compassion**, is responding to the Archdiocese's establishment of this ministry to provide support to all its churches. Our Ministry will take the lead and support 4 Areas of need in our parish and also includes others from in the entire County:

1—Mental Illness—providing support, education, presentations, info sessions that address Depression/ PTSD/ Postpartum, and other areas of mental illness that affects us and the lives of those we love.

2—Grief Committee - formed to provide support, education, retreats and programs for all those who experience any type of loss in their lives and the suffering that it causes. Also addressing "after death" care and support for spouses, families and friends, after the death of a loved one.

3—Outreach: Supporting and developing new volunteers for our Seniors Outreach, addressing the needs of those who are homebound, in nursing homes, at the hospital. Also providing outreach support for families emotionally and spiritually.

4—Medically Assisted Dying: Providing education, information and support to those in palliative care discussing options, providing emotional, prayer and family support. Knowing the difference between medically assisted dying and medically assisted death. Supporting the new hospice and the families who have chosen palliative care ate.

Is this Ministry or one of the four areas of focus, something that interests you? Come to the table in the front during the month of February and find out more. We are looking for volunteers to assist with the development of this Ministry and the development of each focus area. Do you have experience in any area? There are parishioners who have experienced the impact of depression in their lives and may want to share their experience, or experience in nursing care, come see us at the ministry table.



Worship SCHEDULE



4 th Sunday in Ordinary Time Weekday Mass Schedule

Jan 30		NO MASS	
Jsn 31	2:00 pm	St. Brigids, Parrsboro	Mass
Feb 1	9:30 am	Holy Family, Amherst	Mass for Harold Arseneau by a Parishioner
Feb 2	2:00 pm	St. Paul the Apostle, River Hebert	Mass
Feb 3	9:30 am	Holy Family, Amherst	Mass for Louise LeBlanc by Germaine & Roger Perry

5th Sunday in Ordinary Time Masses and Lay Led Services

Feb 4	2:30—3	Sacrament of Reconciliation at Holy Family Parish	
Feb 4	4:00 pm	St. Thomas Aquinas, Jogjins	Lay Led Service
Feb 4	6:00 pm	Holy Family, Amherst	Mass for Catherine Anderson by Barry Anderson
Feb 4	6:30 pm	St. Cornelius, Streets Ridge	Lay Led Service
Feb 5	9:00 am	St. Thomas More, Pugwash	Mass for Parishioners
Feb 5	9:00 am	St. Brigid's, Parrsboro	Lay Led Service
Feb 5	11:00 am	St. John the Baptist, Springhill	Lay Led Service
Feb 5	11:15 am	Holy Family, Amherst	Mass for Intentions & Health of Jimmy Kaizer by Ross & Elizabeth Richard

Intercessory Prayer Group—Holy Family

Post your intentions on the **Prayer Wall** or in the **Prayer Box**. Your special intentions, will be offered during adoration of the Blessed Sacrament and during Weekday Mass.

There is **Holy Hour** prior to weekday mass from 8:30-9:30. Consider joining, all are welcome.

Family in Hospital

Please inform the Parish Office of family who were admitted to hospital. This will ensure all parishioners will receive a Pastoral Team visit. Due to privacy laws, we need family permission to include anyone in prayers at Mass.

SINCERE CONDOLENCES

On behalf of the parish community, we would like to express condolences to the family and friends of **Fred Martin** on his passing.

Eternal life grant onto his O Lord, and let perpetual light shine upon him.

Light a votive candle as a prayerful reminder of someone or for a special intention. The 75c offering at Holy Family supports the youth activities and to purchase candles.



Prayer Line: Call (902) 597-8313



YEAR of PRAYER

When was the last time you heard anyone, including youth, getting excited about praying the Hail Mary? In Cumberland County, it is happening everyday! This year, Father Keith has established the **YEAR of PRAYER** for all seven county parishes. Starting with the **"Hail Mary"** Challenge, (the first challenge), the purpose is to re-develop a habit and have intentional focus of prayer in our daily lives. As the year proceeds, we will be learning/re-learning some of the prayers that have shaped our spiritual lives and past generations, and through the daily use of them, find ourselves closer and stronger in our relationship with God. Together in prayer, our entire parish communities, and our surrounding communities will become stronger too. Join us in...

a **YEAR** of
Prayer

In Our Cumberland County

VON—Meals On Wheels Volunteers Need!!

VON Cumberland is looking for volunteers for Meals on Wheels and Foot Clinic, both in Amherst. If interested contact Darlene Turnbull 902-667-8796, ext: 2007 or email: darlene.turnbull@von.ca

YMCA—Seniors Paint Day

YMCA of Cumberland, hosting a paint day for Seniors on Friday, Feb. 17, 1—4 pm. No Cost but Registration is required. Information/register call 902-667-9112 email: ashey.grace@cumberland.ymca.ca

Valentine Dance—50 + Club!!

Valentine Dance, February 11th 8—11pm with music provided by Steve Ripley. There will be a light lunch served after the dance as well as a 50/50 draw at intermission. Admission—donation at the door. Everyone 50 + and older are welcomed to attend!!

Year of Prayer— Cumberland County

The challenge praying a million **Hail Mary's** during the year. Count the number of **Hail Mary's** said each week, put the number of **Hail Mary's/Rosaries** on a slip of paper and place in the "Year of Prayer" container at the entrance of each church.

**Hail Mary, Full of Grace, The Lord is with thee
Blessed art thou amongst women and Blessed is the fruit
of thy womb Jesus.**

**Holy Mary Mother of God, Pray for us sinners, now and
at the hour of death. Amen**

LEFT TO GO:

615,984 Hail Mary 's



In Our WORLD— Letters from our Adopted Children



"Hi, my name is Kim Gabriel! I am a **9 year** old boy who lives in Manila, Philippines. I live with my parents, 1 brother and 1 sister in a 1 room house with plywood canvas walls, plywood floors and plywood canvas roofing. I attend General Vicente Lim Elementary School in grade 3 and my best subject is Mathematics. My favorite activities are reading and playing basketball. At home I am responsible for house cleaning. I want to be a policeman for those in need. My father collects garbage but doesn't earn enough to support our needs. I want to finish my studies to serve my country at my Sponsor Site, Tondo, sponsorship provides me with educational support, proper nutrition and medical care. The site assists and cares for the malnourished, orphaned and abused children of the community."

Our Adopted Children

"Hi My name is Sofia Vera Duarte (18 yrs) I send many hugs and kisses to all of you. I want to say Thank You for all the help that you always give to me and I'd like to wish you happiness and joy. I am doing well here. Happy because I passed all my subjects. There are some computer classes I am taking and also I'd like to learn about cooking, which is something I always liked since I was a little girl. The summer break was great with my siblings, mom and son who is four months already. His name is Angelo Adrian. I decided to raise him myself, so that makes me a single mother but my mom and sibling help and support me with this. Also I help my younger siblings do their homework. At night I spend time with my baby and during the day I spend time studying. I say goodbye for now with a tight hug and lots of love."



Holy Family New Parishioner Registration Form

Name(s): _____

Phone _____ Are you on Facebook? Yes / No

Email _____

Address _____

Would you like church envelopes? Yes / No

Would you like information about Pre-Authorized Payments? Yes / No

Welcome to all Newcomers

Place this form it in the collection and If you have any questions call us at (902) 667-2523.

Blessings to You